**POSSIBLE SOLUTIONS**

1. **How do they feel?**
2. **guilty**: schuldig; **frightened**: verängstigt, eingeschüchtert; **powerless**: machtlos, ohnmächtig; **lonely**: einsam, allein; **desperate**: verzweifelt; **inferior**: unterlegen, minderwertig; **jealous**: eifersüchtig; **powerful**: mächtig; **superior**: überlegen; **humiliated**: gedemütigt; **frustrated**: frustriert; **insecure**: verunsichert
3. **victim:** frightened, powerless, lonely, desperate, inferior, humiliated

**bully:** jealous, powerful, superior

**both:** e.g.guilty, frustrated, insecure

1. individual answers
2. **Let’s talk about cyberbullying!**

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| **Scenario 1**   * *to post embarrassing pictures of somebody (without their permission)* * *to share and repost embarrassing pictures of somebody (without their permission)* * *to leave offensive and rude comments (under pictures or videos)* * *to laugh at somebody* | **Scenario 2**   * *to tease somebody* * *to ignore somebody’s messages* * *to send mean messages* * *to remove somebody from a chat (without asking them)* |
| **Scenario 3**   * *to create a fake account for somebody else (without their permission)* * *to post racist comments* * *to spread rumours* | **Scenario 4**   * *to insult somebody (anonymously)* * *to call somebody names* * *to threaten somebody* |
| **Scenario 5**   * *to tell lies* * *to make fun of somebody* * *to share photoshopped pictures of others (without their permission)* * *to photoshop a picture (in a mean way)* | |

1. see mind map
2. individual answers

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| **victims** | **upstanders** | **friends & family** |
| * keep calm * tell somebody (teacher, parent, friend) * document the attacks/take screenshots * block the bully * report offensive comments * don’t reply in anger * make your privacy settings strong | * stand up for others * support the victim * report the bullying * write supportive comments * ask other bystanders to help * tell somebody (teacher, parent) * tell the bully to stop | * listen to the victim * support the victim * do things together * get professional help * (call the police) |